




UPRIGHT

VOL IV

FEATURING



ANITA ROSEMARIA, BARBARA ARENS,
BEN HIPPEL, BEN LAVER,
CLEMENS CHRISTIAN POETZSCH, JAKE LOWE,
NATHAN STEUBERT, NIKOLAS SIDENIS,
OLIVIA BULLI, OLOF CORNÉER,
STEN ERLAND HERMUNDSTAD,
STEVE LUCK AND TOM BLANKENBERG

WELCOME

Upright is a carefully curated selection of sheet music that brings together the best contemporary music for solo piano.

Upright is irregularly produced and makes no profit. All the composers involved have donated their music for free and any profits go to [Music For Relief](#), a charity that provides immediate relief in the wake of humanitarian crises and natural disasters around the world. Find out more on page 59

If you have paid for this PDF, the editor and the composers involved would like to thank you. Updates about how much money we have raised will be posted on social media.

Volume IV features composers from Australia, Germany, Greece, Italy, Japan, Norway, Sweden, the UK and the USA. As usual, there's a real mix of composers. Some have been working professionally for a long time and others are at the start of their career. Several of the pieces featured have had millions of streams on Spotify, others have only had a few thousand. There are performers who have played live around the world and composers who are more comfortable working at home. Regardless of their stream-count or the CV of the composer, what all the pieces share is their high quality: they are beautiful to listen to and fascinating to play.

The music has been transcribed by either the composer or the editor, and has been carefully edited for clarity, accuracy and ease of use, with helpful notes and links where you can listen to the piece and, if you like, support the composer financially.

Upright is curated and edited by Garreth Brooke. If you would like to see your favourite piece of contemporary piano music featured in a later edition of Upright, please email uprighteditions@gmail.com or send a message to Upright on [Twitter](#), [Facebook](#), [Instagram](#) or [Soundcloud](#). Find out more on page 60.

BEN LAVER – THESE HANDS ARE FOR HOLDING

Ben is a British composer, a graduate of the Guildhall School of Music & Drama and a founder of Box Of Toys Audio Ltd. As well as his work for big brands including Nike, Sky, the BBC, Samsung and Porsche, Ben has created a series of wonderful releases including the EP series *Day One*, *Day Two* and *Day Three* and the album *Sonder*, all inspired by the Dictionary of Obscure Sorrows and released by Vohnic Music.

These Hands Are For Holding is a stunning piece taken from 2019's *Dawn Songs*, a project that sees Ben releasing a new piece every month.

Stream: [Spotify](#) / [Soundcloud](#)

Download: [Artist Store](#)

BEN LAVER

THESE HANDS ARE FOR HOLDING

Tempo rubato ♩ = 80

Measures 1-7 of the piano score. The music is in 4/4 time with a key signature of three flats (B-flat, E-flat, A-flat). The right hand features a melodic line with eighth and quarter notes, while the left hand provides a harmonic accompaniment with chords and single notes. A *mp* (mezzo-piano) dynamic marking is present in measure 2. A *con ped.* (con pedal) instruction is written below the first staff.

Measures 8-14 of the piano score. The melodic line in the right hand continues with various note values, including dotted notes. The left hand accompaniment consists of chords and moving lines. A *mf* (mezzo-forte) dynamic marking appears in measure 12.

Measures 15-20 of the piano score. The right hand has a more active melodic line with eighth notes. The left hand accompaniment includes chords and a few moving lines. A *mp* (mezzo-piano) dynamic marking is located in measure 16.

Measures 21-28 of the piano score. This section includes a variety of dynamics: *mf* (mezzo-forte) in measure 21, *p* (piano) in measure 22, and *mp* (mezzo-piano) in measure 23. The right hand features a melodic line with some rests, while the left hand provides a steady accompaniment.

Measures 29-35 of the piano score. The piece concludes with a *morendo* (dying away) instruction. A *mp* (mezzo-piano) dynamic marking is present in measure 32. The right hand has a final melodic phrase, and the left hand provides a concluding accompaniment.

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36

Espressivo ♩ = 140

42

48

55

62

68

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75 *morendo*

mf

83

mp

90 *dolcissimo, rubato*

pp *cresc.*

102

p

116

130

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142

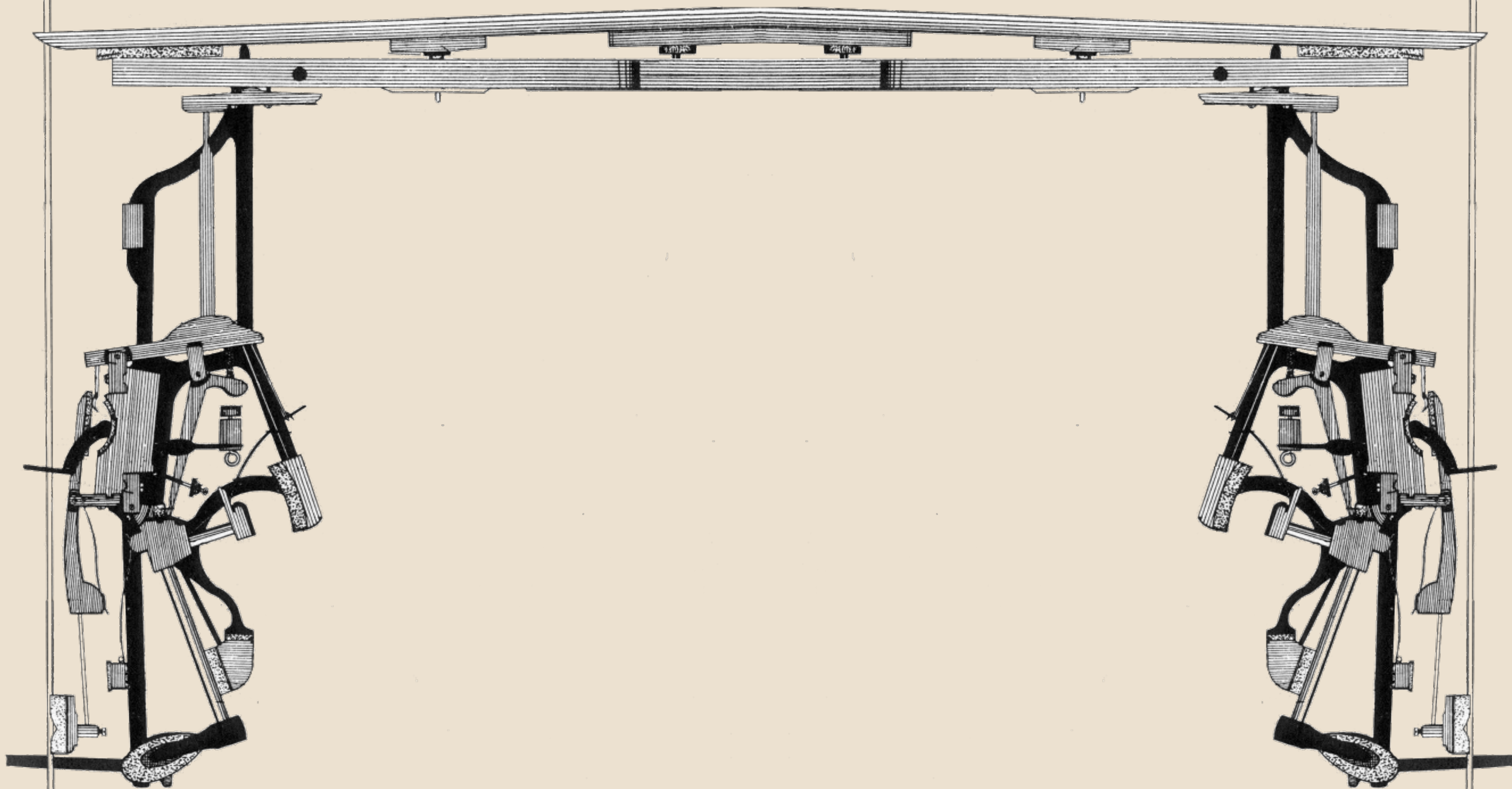
152

162

172

181

morendo



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